

# The Early Education Lab at The Reese Center

12300 University Blvd, Sugar Land, TX 77479

Tel: 281-327-7325

## Sample Breakfast Menu for One Week



2026-2027 Alt. School (PK) Breakfast Day 1		2026-2027 Alt. School (PK) Breakfast Day 2		2026-2027 Alt. School (PK) Breakfast Day 3		2026-2027 Alt. School (PK) Breakfast Day 4		2026-2027 Alt. School (PK) Breakfast Day 5	
French Toast Sticks (37.08 g)		Maple Pancake Chicken Sausage Sandwich (17.00 g)		Cinnamon Toast Crunch (44.00 g)		Breakfast Chicken Croissant (34.00 g)		Mini Maple Pancakes (35.00 g)	
Orange (17.43 g)		Orange Citrus Juice, 100% Juice (14.00 g)		Cocoa Puffs (47.00 g)		Rockin' Rio Red Juice Cup (Texas Local) (12.00 g)		Fresh Apple (Texas Local) (19.46 g)	
1% Milk (Texas Local) (13.00 g)		1% Milk (Texas Local) (13.00 g)		Trix (47.00 g)		1% Milk (Texas Local) (13.00 g)		1% Milk (Texas Local) (13.00 g)	
Fat-Free Milk (Texas Local) (13.00 g)		Fat-Free Milk (Texas Local) (13.00 g)		Original Applesauce Cup (14.00 g)		Fat-Free Milk (Texas Local) (13.00 g)		Fat-Free Milk (Texas Local) (13.00 g)	
				1% Milk (Texas Local) (13.00 g)		Grape Jelly (9.00 g)			
				Fat-Free Milk (Texas Local) (13.00 g)					

# Sample Lunch Menu for One Month

<p><b>2026-2027 Alt School Lunch (PK) Week 1 Day 1</b></p> <p>Popcorn Chicken (Texas Local) (17.08 g)</p> <p>Crinkle Cut Fries (22.01 g)</p> <p>Peach Cup (18.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 1 Day 2</b></p> <p>Bean &amp; Cheese Cantina Bowl (Vegetarian) (87.22 g)</p> <p>Flame Roasted Corn &amp; Jalapeno Blend (17.38 g)</p> <p>Watermelon (Texas Local) (7.26 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 1 Day 3</b></p> <p>Cheeseburger (30.90 g)</p> <p>Sweet Potato Fries (23.91 g)</p> <p>Orange (17.43 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p> <p>Lite Mayonnaise (2.00 g)</p> <p>Yellow Mustard</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 1 Day 4</b></p> <p>Cheese Nachos, Secondary (Vegetarian) (40.40 g)</p> <p>Beans a la Charra (29.84 g)</p> <p>Diced Pear Cup (19.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 1 Day 5</b></p> <p>Tangerine Chicken (25.71 g)</p> <p>Offered With: - Lo Mein</p> <p>Seasoned Green Beans (2.65 g)</p> <p>Banana (13.45 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 2 Day 1</b></p> <p>Thin Crust Cheese Pizza (Vegetarian) (Texas Local) (31.08 g)</p> <p>Cucumbers (2.75 g)</p> <p>Peach Cup (18.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 2 Day 2</b></p> <p>Homemade Mac &amp; Cheese (51.56 g)</p> <p>Seasoned Green Beans (2.65 g)</p> <p>Watermelon (Texas Local) (7.26 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 2 Day 3</b></p> <p>Beef Teriyaki Dunkers (10.00 g)</p> <p>Garlic Breadstick (26.00 g)</p> <p>Sweet Potato Fries (23.91 g)</p> <p>Orange (17.43 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 2 Day 4</b></p> <p>Veggie Nuggets (Vegetarian) (20.29 g)</p> <p>Steamed Carrots (7.68 g)</p> <p>Diced Pear Cup (19.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 2 Day 5</b></p> <p>Popcorn Chicken (Texas Local) (17.08 g)</p> <p>Baked Beans (30.09 g)</p> <p>Banana (13.45 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p>
<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 1</b></p> <p>Grilled Cheese Sandwich (Vegetarian) (32.00 g)</p> <p>Steamed Broccoli (3.78 g)</p> <p>Peach Cup (18.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 2</b></p> <p>Chicken &amp; Cheese Cantina Bowl (58.38 g)</p> <p>Salsa Dipping Cup (5.00 g)</p> <p>Watermelon (Texas Local) (7.26 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 3</b></p> <p>Popcorn Chicken (Texas Local) (17.08 g)</p> <p>Cucumbers (2.75 g)</p> <p>Blue Raspberry Applesauce Cup (18.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 4</b></p> <p>Chicken Fried Chicken (18.00 g)</p> <p>Mashed Potatoes (14.07 g)</p> <p>Diced Pear Cup (19.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Peppered Gravy (6.05 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 5</b></p> <p>Thin Crust Cheese Pizza (Vegetarian) (Texas Local) (31.08 g)</p> <p>Baked Beans (30.09 g)</p> <p>Banana (13.45 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 1</b></p> <p>Grilled Cheese Sandwich (Vegetarian) (32.00 g)</p> <p>Steamed Broccoli (3.78 g)</p> <p>Peach Cup (18.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 2</b></p> <p>Chicken &amp; Cheese Cantina Bowl (58.38 g)</p> <p>Salsa Dipping Cup (5.00 g)</p> <p>Watermelon (Texas Local) (7.26 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 3</b></p> <p>Popcorn Chicken (Texas Local) (17.08 g)</p> <p>Cucumbers (2.75 g)</p> <p>Blue Raspberry Applesauce Cup (18.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Ketchup (2.00 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 4</b></p> <p>Chicken Fried Chicken (18.00 g)</p> <p>Mashed Potatoes (14.07 g)</p> <p>Diced Pear Cup (19.00 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p> <p>Peppered Gravy (6.05 g)</p>	<p><b>2026-2027 Alt School Lunch (PK) Week 3 Day 5</b></p> <p>Thin Crust Cheese Pizza (Vegetarian) (Texas Local) (31.08 g)</p> <p>Baked Beans (30.09 g)</p> <p>Banana (13.45 g)</p> <p>1% Milk (Texas Local) (13.00 g)</p> <p>Fat-Free Milk (Texas Local) (13.00 g)</p>

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